

**Cashew Creamer**

**Gather these ingredients:**

1 ½ cups raw cashews, soaked for 4 hours, then drained

2 cups filtered water

1 pitted date

1 tsp. cinnamon

½ tsp. cardamom

¼ tsp. coriander

1 tsp. vanilla extract

**Put it all together:**

Put all the ingredients into a high-speed blender and blend on high until well combined. If you want a thicker consistency, reduce water by ½ cup or to make it more of a milk-like consistency, add ½ cup water or more to your preference.

Keeps for one week in the fridge in a sealed container (using a mason jar is a good option).

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